

CHRONICLE N°24
On the other side of our dreams: matter!

We live in an astralized world, both real and unreal. What could this possibly mean?

Through our numerous researches and experiences within the LEO group, we have been able to verify how every individual "produce and densify" their reality, in other words physically "materialize" the experience of the living environment in which they are evolving. We already knew that they generate it and also put it together "themselves" at the atomic level by gravity, whether it is the physical matter of their own body, or that of their own appearance. But they carry out this process first at the level of their subconscious in the form of a plasma potential, in other words at the level of their "personal or individual" higher consciousness, thus at a whole different level of their being. We could then say that human is the completion of a fusion of their consciousness and physical matter.

The apparent physicality of their body would be resulting from the arrangement of a cluster of atoms (neutrinos) composing their soul and which, emanating from higher levels of their consciousness, are assembled and structured in a well-defined geometry which, when it densifies in 3rd density, becomes the physical matter of their body. That would also mean that according to the individual's state of consciousness, the latter would interact with all kinds of information that influence what they perceive as real.

Thus, as an individual, each of us is an individual unity of consciousness, reader of 3rd density waves. Nevertheless, from the moment our consciousness opens and progresses, we observe how we begin to become able to read wavelengths that are closer to a reality of 4th density.

We also know that when our individual higher consciousness "creates itself" or "densifies" a body for the purpose of its incarnation, it shapes it on the basis of the space-time it is intended to inhabit. In other words, it adapts the body to the time, place, environment and to the family in which it chooses the experience of incarnation.

Let's take as an example the "Me-I" of an individual, namely the example of the "Me-I" – Jenaël (to mention only his own experience), knowing that the process remains more or less the same for each human incarnated in 3rd density on Earth and even if it no longer necessarily happens for other worlds.

This "Me-I" represents the wave-reader entity, whose higher consciousness inspired him to call himself Jenaël. Jenaël would thus represent the vibratory signature of his whole personality, that is past, present and future. We could then say that it is the true "identity of the soul" of Jean-Jacques, born in 1961 and of his alter "Jacky" (cf. Capsules n°13 and 14), who was also incarnated around the 40's, a past life according to our human and linear perception of time.

But this personality "Me-I" would have also been expressed in other "past lives" in the person of Jacques-Jean, a Cathar of Montségur, or of the Templar Jacques de Molay, or also of Hans Josep a dog handler SS soldier during the war of 39-45, or also Joseph, this Jewish prisoner in the labor camp of Romanswiller, executed in 1945. (Probably that on other planes, there are more other incarnations of his different personalities "Me-I" whose names are also Jean, Jacques, or Joseph, but he is still pretty confused about them for the moment.)

Also, these characters, materialized and positioned by the "higher consciousness Jenaël" in what is considered as the past by his incarnated "Me-I", have simply lived at different times, localized in different space-times or spaces of consciousness, sometimes even pretty close to each other. Yet, in these "distinct times", some have already left their body of density, others not yet!

These various personalities localized in different space-times therefore correspond to what we call "dimensions of existence", which in some way are defined by the "frequency" or "level of consciousness" characterizing the different personalities of the "Me-I" that inhabit them. They therefore have all experienced worlds of 3rd density, but they have never "died", since the soul-spirit that "was materializing" through them during "past lives", eternally exists. Only their material parts, after death, remained in these worlds and were recycled into dust.

Thus, tangible effects of the persistence of the frequencies of energy of our different personalities, are generally translated into "reminiscences" sometimes arising in the present of our everyday life. We call and identify them as our alter, so be it! Our alter can deliver messages, feelings to us, and on some occasions they can even talk to us through

our own thoughts! Some people also manage to distinguish them "first-hand" or to psychically perceive them in what they believe to be only dreams. By communicating with our subconscious or soul, sometimes even by dialoguing through our dreams or in our visions with that intelligent part of our consciousness (the mind), they can then sometimes fulfill the role of Angel or of guardian Angel and inform us.

These dreams represent the dreamlike worlds, that is to say all the manifested realities that prevail on other planes in the universe (so where "we" also physically exist and live with our personality) and the potentials of reality imagined on other planes, but not manifested (the world of imagination and unfulfilled ideas, in which we could have done something else or be someone else).

Also, it should be known that most dreams usually provide us access to completely chimeric worlds that only exist in the thoughts formed by our brain, which are therefore only psychic constructions. But other types of dreams are clearly linked to interpenetrations of realities that are perceived by our brain, through frequencies of consciousness paradoxically higher when we sleep or rest. That is when we "intensely exist" in these "dreams", that our higher consciousness is likely to communicate to us information about these other planes or dimensions of reality in which we also exist and live.

Nevertheless, being aware that the dreamlike worlds which connect us to other dimensions of reality, supplementing our current reality, still hold a lot of mysteries, we asked our higher consciousness for some additional clarification.

Question to the Angel:

To what extent can we trust the information transmitted in our dreams?

Do you know that you spend "more time" in the infinite space-time of your dreams, than in that of your supposedly real life, in which you are experiencing your linear consciousness of 3rd density? In your dreams, space-time, "expanded to its true greatness", is infinite since it is enlightened by consciousness, which is infinite as well. While in 3rd density, conforming to the well-established belief of the existence of an arrow of time, this space-time is segmented, delimited.

It is a matter of understanding that it is not the ego of the "Me-I", but your soul-spirit transcending the illusory reality of space-time, as you conceive it in 3rd density, that is moving within the immensity of the universe and sometimes transmits you its sensations and experiences through dreams. Thus, there is only the non-egotic part of your

"personality" that indefinitely extends by the soul through your memories, your consciousness and your thoughts.

The thoughts of the soul-spirit are then expressed in one space-time at a time and every time in a single present which results from an arbitrary and illusory division of the timeline operated by the Me-I. This "segmentation" of the intelligence of the mind thus adapts to the mindset, the morals and the period..., in which the individual's soul has chosen to incarnate.

This infinite and omnipresent space-time, arbitrarily fragmented by your ignorance in order to induce the principles of karmic retro-causality, is necessary for "Man's soul evolution". You rightly call it "womb/matrix of illusion", because it prefigures a division of the consciousness, inherent to the adaptive frequencies at the time of an incarnation in the density.

The soul-memory thus perpetuates itself eternally inside the Self of that "Me-I". It always remains immaterial, but forever alive, contextually animating and invigorating its current body. But, as if it was still conducted by some reflexes, it sometimes still stimulates the little boy, the father, or the nurse who Jenaël used to be. This soul-memory thus still represents a part of the psychic structure of the "Me-I", that contains and configures his current identity. That is why he is often led to dream, seeing "himself in the shoes" of a caregiver working in different hospitals, in operating rooms with colleagues he does not know in his current reality.

His dreams then reveal the nature of his primordial essence, since in the same way that "feminines ones" in your group may have visions or dream of planes where they were geneticists of Amasutum reptilian essence, some nurses or caregivers often dream of their "caregiving essence". Essence that can be revealed through the technique of psychomanteum.



Essence of a bird-man healing a hip dislocation, revealed by the technique of psychomanteum "hands in water"



Zoom

Therefore, these visions would suggest that the "Me-Jenaël", his personality, is himself creator on "his higher level" of the environment that holds him in the illusion of any space-time, in the present case, that of his current present. He is retained there from his birth until his little "Self-ego" totally disappears from this world of 3rd density.

Then, after having temporarily inhabited his alternative world (along with the LEO tribe) manifested by the germs of his creative thoughts, the "Jenaël personality" is intended to naturally materialize through trans-dimensional atomic remolecularization in the next world with a new 4th density body. Jenaël won't need to reincarnate in 3rd density anymore! But this time, he will be endowed with a level of intelligence and consciousness far superior to that which characterized him hitherto. Consequently, his "neo-reality" will be transposed into a newly transcended environment, a world integrating into the New Earth!

Also, the "tribal reality" perceived by your LEO group consciousness, opposed to that of the dark current global reality, would then mean that there is now a sort of "gravity" in the "non-being" world, which is already way nobler than that of the 3rd density world of "making" which, is newly ordered and composed by your higher way of thinking, thanks to your tribe's centre of thought. We could then say that your tribal centre of thought is now reactivating, rearranging and recycling "its material: matter" through its neocreativity, since you do not force yourselves anymore to do things by automation, by reflex, imposed by an authority or in any kind of environment. This recycled primary material combined with your new way of being or doing would represent in this case, the new nature that prevails in your alternative tribal reality, thus suggesting that your "field of expression" is well and truly bipolar: "new gravitation" correlated with "new consciousness"!

Similar to fundamental gravity, this field of consciousness is a primary field, yet still very little apparent in your world of 3rd density, since until now, few groups are able to stimulate the creation of their alternative reality. This field of consciousness is that of thoughts, feelings, ideas, attitudes, intentions and motivation, in other words everything that operates upon you, upon your body, upon objects, upon masses, as actions or movements generating the electromagnetic energy of gravity.

As much as there is gravitation and anti-gravitation, there is consciousness and anticonsciousness (that is, progress of consciousness and decline/degradation of consciousness). And such as in the mirror phenomenon, gravity field of matter is the reflection of its consciousness field.

Also, in order to increase the energy of your consciousness, you had to leave the gravity field of your usual and historical 3rd density world of matter, then fight against very powerful counter-flow forces in order to lead a very specific work to develop your tribal consciousness center, which in the end will come to detach itself from it.

Indeed, in 3rd density, thoughts, ideas and concepts, based on conventional interpretations of material reality, required only little effort. But it is being able to reach the higher worlds of thought that has allowed you to exercise discernment when your thoughts were still connected to "the material plane", or on the contrary when they were "pure", because they were the result of the progress of your consciousness releasing programs of the soul.

To approach this problem of creation by creativity on the material plane, without creating or getting lost in the shelves or pools of thoughts, concepts or preconceived ideas (to think about this and that, to plan, anticipate, manage, control...) remains once again a process of beliefs to secular lies and reflex automatism (we have always done it this way). As is so much a problem, to remain clinging to beliefs in a kind of illusion, a "spiritual drug" in which the individual believes he can become creator by staying sat in lotus, without having to activate the world of gravity of the "non-being".

To understand this universal principle completely unknown to the operating mode of the 3rd density, will have allowed you to perceive that you are working the matter in order to get a higher consciousness to climb the slope in the field of gravity of the "non-being", to get you out of it. (This "non-being" corresponding in 3rd density to the world of "doing without consciousness": that is to say being paid to do what you are told to do, without any ethics, without presence and consciousness neither of your soul, nor of your Beingness).

Of course, falling or descending into the field of consciousness would not have required work, since the movement of going down into this field of consciousness is very easy. It requires no effort, but it doesn't provide for the creation. Yet, when you go up the slope in any field, including that of consciousness, you have to make significant efforts in order to move upward. You thus have been led to understand that learning things and principles that raise consciousness is also difficult to integrate and goes against the "gravity" of logical explanations of the material world.

Obviously, there is still much to say about this, but for now, the most important to understand is that the development of intelligence in order to make it an efficient tool for instinct, shrewdness, wisdom, clairvoyance..., is one of the essential conditions of spiritual growth. And this is exactly in this way that the information gathering – by the observation without prejudice, and by the fact of expanding the mind into the field of its consciousness – will allow to develop the qualities of the soul which then "recognizes things" according to the integrity of the mind and of its consciousness.

You then had to understand that everything being realized by human on their planet is simply a symbolic and archetypal mirror reflection of the higher worlds. This means that what exists in these higher worlds can be realized only by developing your new abilities

and possibilities of vision. Consequently, human beings candidates for this new world of 4th density have to work if they aim to reach it.

This said, concerning the interpretation of the densified worlds of matter, you have different "physical" ways that allow this. They are the senses organs! Your senses organs are just sensors, nerve endings decoders of physical planes. They offer you several tools in order to touch and interpret your material reality, while decoding mathematical models imagined by your brain and very summarily, by your limited tridimensional consciousness. Thus, your high tech gadgets allow very little the extension of these sensors.

In order to understand what we are talking about, imagine a consciousness that is not limited by the conditions of 3rd density sensory perception. Such a consciousness could rise above the reality plane in which present-day humanity is evolving. *She*¹ could perceive way beyond the limits of *her* bubble of perception, that is to say beyond time, and beyond space enlightened by your ordinary consciousness. *She* may even notice that the timeline along which you are moving, does exist. And by rising above this line, this consciousness could perceive this whole plane and ensure that it truly is a plane and not a line anymore.

Then, *she* could see past and future simultaneously cohabiting, side by side. *She* would see that past and future do not exist separately as such, but coexist together and everywhere at the same time as an infinite plane. Time is therefore nothing more than an arbitrary measure of movement of objects in space. This space is not linear, it is defined by the point of view of the consciousness that considers an object. The distance between this consciousness and the considered object is called "space". But human intelligence programmed by persistent beliefs do not perceive it as such, unlike hyperdimensional beings of the higher planes who, them, are able to do so. Present time, as opposed to past and future, then represents the most illusory "reality" of all. At anytime, man who is only conscious of a small fragment of the universe, paradoxically continues to deny the existence of anything else in this universe.

For 3rd density physics, there are two principle theories about the future: that of the predestined future and that of the open, free or potential future. The theory of predestination in a linear time asserts that any future event is the result of past events. This means that in the past which is behind you, there is not only the one which was, but also the one which could have been. It would imply that if human could know everything about his past, he would know everything about his future. However, the idea of a free future is based on the theory of quantum "probabilities" in which future is either determined, or partly undetermined, since numerous interactions of "possibles" can occur at any given point of the time line.

¹ In the two following paragraphs, "She" and "her" refer to the consciousness that is "not limited by the sense perception conditions of 3rd density".

Therefore, it is about this famous undetermined, thus unknown "quantum" future, which you learn to manifest in matter through your sense of "non-willing", "non-control", "non-planning", in other words through your true tribal sense of "non-being" ("the group intuition") which progressively directs you towards the true sense of the intuitive creation of the being, who opens to all the possibilities of creation.

This potential future becoming more and more probable thanks to your "work of non-being" in tribe, relies on the idea of the emergence of a true free will and could demonstrate that creations, works or voluntary and deliberate operations that you realize on your "unlikely" site of the ECOLEO, can cause changes in the resulting subsequent events, just by your group work. This is because your tribal consciousness center today is very close to a 4th density consciousness.

At every moment, the future of the world is predestined and does exist. But it is conditionally predestined, that is to say there is one or the other future depending on the course of the events at a given time, if no new factor comes into play. And this new factor can only come from a new center of consciousness and from the will that emanates from it. And this is where the role of the LEO, Cassiopaean, Pleiadian, Arcturian and other networks, emerges.

In other words, the movement of time in space is just an illusion of a brief instant emanating from your consciousness, which enlightens a given arrangement of that consciousness. Thus, time would be synonym of the lightning by the consciousness of a material and materialized space. And if it is true that everything that is, simultaneously exists, then it is you and only you who, sometimes alone, but more generally collectively, can modify the focus and development of your consciousness on a determined material point of "your creation".

It must therefore be known that in space-time, events exist in plasma form before your consciousness, at its human level, comes into contact with them and materializes them. And they still exist – and again – in a plasma form, when your consciousness has withdrawn from them.

Now, ask yourselves these questions: why can't you still perceive reality as it really is? Why can't you expand your perception beyond your limits? Why are you still enchained to this painful existence that you call "reality" and that you qualify as "matrix"?

The answer would be: because of the descent of the consciousness-spirit into matter – or the effect of the "Fall" in 3rd density – through which Man perceives his world only in a limited way. We could then say that human perceives his environment by default, because of his genetic limitations which reduce his intelligence and weaken the abilities of his consciousness.

It is a fact that the realities of your world, in terms of principles connecting matter and consciousness, do not become clearer thanks to great philosophical discussions or scientific theories. You then had to verify them, experience them for yourself through empirical study and testing. And this verification was done by individuals qualified in this field, which you, LEO, belong to, and not by crooks and scammers enchained to this illusory matrix by power and money.

In your world, high level physicists open to possibilities of the existence of other forms of matter and other dimensions of reality, already understand that such hypothesis could bring an explanatory value to their own science, such as in parapsychology. But many among them are still muzzled by the requirements of the financial system of your 3rd density.

There are many possible interpretations of these quantum theories relating to psychology, which could help to understand how consciousness interacts with matter. But most of these theories are based on the introduction of a new level of duality arguing that consciousness has a distinct and separated wave function from the normal wave function, which obviously is not the case, since consciousness is the most universal wave function in the universe. It is also through its energy, its influence, that gravity, that is the densification of matter, occurs.

Your own level of consciousness is then indeed responsible for all things that you are experiencing in your daily reality, whether pleasant or unpleasant, psychic or physical. Your consciousness produces material and physical reality in quantum theory, to the point that in order to try to understand the concept, scientists had to introduce the theory of a system with three waves (mechanical, magnetic, gravitational) similar to that of biorhythms, in which when all the lines intersect, something happens.

However, a problem remains! What happens then is that 3rd density science would at all costs want to introduce in a scientifically acceptable conceptual frame, the idea that parapsychological phenomena always have a meaning as integral parts of human life and nature, whereas here again, this is not the case since "nature" is not exclusively human! Thus, if these kinds of things of 4th density are projected through dimensional windows towards 3rd density, there is absolutely no explanation for these things for a brain of 3rd density.

In the reality of your still current 3rd density world, the spatio-temporal enclosure submitting the individual, constitutes their reality, their world, their bubble of perception. It is the same for any being who inhabits "the present" of your planet and is thus currently physically incarnated. Each human being exists as the creator of their own temporal dimension of existence, which then constitutes their own reality. But this one is composed at a higher level of the Being, by the higher Self or Supraconsciousness.

However, the individual reality is never exactly identical to the one of your neighbor, as in the same way you are not aware of all the processes involved (for example in the one of digestion that transforms nutrients into energy/calorie in the digestive system), you are absolutely not conscious of the mechanism through which you constantly transform or densify psychic energy into physical matter. In concrete terms, at a superior level of the Being, each individual has his own way of densifying energy and inserting experiences into it, in order to make his soul grow.

The "Me-Myself-and-I" of human personality would therefore be fundamentally free from the physical laws as you know them, but all kinds of fears and beliefs in correlation with the experiences of 3rd density prevent it. That is why there is absolutely nothing supernatural about the survival of the individual's personality through time, nothing either about the fact that such a personality reconfigures a physical image and "sometimes shows itself to you" in the form of a hologram, an apparition, as each individual creates their own physical image and their own physical world through their subconscious, this means all of the environment in which their human spirit evolves and grows! (See ECK about this in *Jenaël's story*)

This configuration of reality by the "personality with its character", therefore also explains how the configuration is decided then maintained, the illusion of durability, the width, the height, the weight and the position of its body in space.

Know also that "substances of physical matter" as such, never give birth to consciousness or to life. You must understand that first, there is the higher consciousness which gives birth and makes the form evolve (the matter and its environment), then gives birth and makes its own form evolve (its own body).

On the contrary, the idea of a physical body endowed of a sort of separate consciousness controlling an assembly of totally unconscious elements – theory of the "official science" –, is completely absurd. Just like billions of individuals who form humanity, each cell of your body is individual and has an autonomous form of consciousness. However, there is a gradation, a hierarchy by feature level, but each cell remains a conscious cell. The cells of all the organs of the physical body collaborate consciously, as well as all the organs.

There are representative examples: molecules, atoms, electrons, and even smaller particles, each of them have their own consciousness. Through this particular form of consciousness, they know how to gather into cells and self-determine their role in the organism. These cells, also, keep their individuality without losing any of their aptitudes, as it is the individual consciousnesses of the atoms, then the molecules, which gather together in order to form this individual cellular consciousness...



Microscopic intracellular life



Detailed image of a human cell, obtained by X-ray electron cryo microscopy and nuclear magnetic resonance

Everywhere in the Universe, Consciousness thus generates its own materialization. Your physical body is a much more beautiful universe than you can imagine, as the combination of its infinite forms of consciousness persists through the genetic codes of the soul. And you perceive its frequencies (forms, colors, functions), because they are translated by the human brain.

When man will discover the true origin of the physicality of his universe, science will not be more advanced than today, as it will face a problem that scientists have always avoided to dig into, that of the origin behind the origin.

Here again the definition of the Cassiopaeans who reveal that Consciousness creates gravitation, and that gravitation is everything that exists in the universe, remains absolutely true! The physical universe and everything in it comes from Consciousness.

There is therefore "someone" who dreams your current reality, just like there is this same "someone" who dreams it in your dreams! This someone is "you" at another level of existence. It is hence not the Universe that makes consciousness evolve! On the contrary, not only has Consciousness created the physical universe, but at every moment it continues to do so. The permanent creation of your environment – the physical universe – and of its vessel in order to roam and experience a parcel of it – your numerous bodies –, is born of each individual and is determined by the latter at the subconscious level, through mechanisms that you only begin to perceive.

The uninterrupted creation of matter is not produced by a subconscious being located somewhere behind a forehead, between two ears. But the individual subconscious results

from the pooling of an infinity of aptitudes and resources at the psychic level of a population of individuals, continuously "completing" this renowned morphogenic/informational field.

(Also see the Chronicle of a New World n°4: https://unfuturdifferent.jimdofree.com/traductions/anglais/)

This is how a group of individuals who share their knowledge, will become able to create their own alternative reality. This group of individuals is then determined like a perceptive entity, a group center of consciousness considered as a whole, rather than as a sum of parts of that group.

This entity, then developing a real energy and consciousness center, is composed of several individuals whose individuality, dissolving in the communal form, is maintained by the cooperation of connected consciousnesses of each atom and of each molecule composing their physical body.

The energy of this consciousness center is itself an expression of consciousness. This then explains that in the ethereal worlds, that is 5th density and beyond, only consciousness exists. Whereas from the 1st to the 4th density, worlds are physical and are the expression of the energy of consciousness. (Worth noting that 4th density is both physical and non-physical.)

Energy therefore belongs to the material world, pure consciousness falls within the world of ethereal existence. Which then means that the past is a simple perception of the 1st, 2nd and 3rd densities, and that the energy of the thought quite simply corresponds to the will to perceive in the 1st, 2nd and 3rd densities.

Now, let's get back to elucidating the phenomenon of dreams!

Dreams generally allow you to glimpse certain aspects of your "past" lives in 3rd density, or "future" lives of 4th density. Don't you happen to go back again and again in dreams towards certain places you do not know – or maybe not yet – in the physical reality of your current life?

These are generally scenes that, at a time in the past in a parallel world of 3rd density, have been as much a part of your daily life as the street you live on today. In any case, could you not conceive that the house you are currently living in could appear to you in a dream in a very distant "future"?

In the same way as these recurrent locations, hospitals and operating rooms which, in Jenaël's dreams, appear to him so strange and surprising, but which at the same time always seem so familiar to him, the "personality of the Me" in these same dreams, wanders, at least mentally and relatively detached from its usual physical environment. It

interacts with people and places that are familiar to it, but which may have ceased to exist physically for a very long time.

You must also understand that the language of the subconscious is strongly instructed or enlightened by symbolism. Symbols have a true meaning for the subconscious, but not necessarily for the conscious mind.

Let us take the example of someone who often has a toothache. She recounts it to those around her, always quoting this same tooth as a focal point – or somatization point – of her pain. At the same time, she is subject to several strange dreams in which a cold and thin object is inserted into her vagina.

With no explanations, it is easy to understand that numerous apparently meaningless dreams, could be explained if you could decipher the symbols on which they lay. But these key-symbols are different for everyone. In the case of the "tooth quoted2" by this person, her dream (moreover recurring), could refer to past or parallel lives in other densities where she had been inseminated (by means of a thin and cold object) by beings also coming from other densities of reality.

Her dreams would then only be to offer her to understand the deep origin of her "illness", as in 3rd density, "psychically" materializing a protection system of the endometrium (through an endometriosis), she did not give birth, since her offspring coming from these "inseminations", already live in 4th density!

The Universe is overflowed with lives in all densities and children are born at all levels of physical realities, even if their parents do not exist or do not always live at the same level as their offspring. The humanoid human being is therefore only a selection amongst all these levels.

You are starting to create the "true reality" from 4th density. 4th density is reality! 3rd level is illusion! This implies that at some point between 4th and 3rd density, there may be no solid reality but rather a plasma reality, due to the intermediate and unstable vibratory state of this between-two-worlds.

These dimensions of 4th density are principally worlds of energy, even if some of them are somewhat materialized in the form of plasma worlds before being projected into 3rd density. Real and unreal at the same time, these are worlds in which certain dimensions hold intermediate densities that depend on consciousness and in which the will is expressed. You would therefore be, so to speak, beings of light. But when these energies

² In french, "dent" stands for "tooth", and "cité" stands for "quoted". The two words assembled form the word "densité" thats is "density" in english. In this case, it is a play on words which makes reference to the different **densities** of reality.

are projected and densified by this will into worlds of 3rd density, they can only remain material.

Also, from the 4th density, time such as you perceive it does not exist. Your way of perceiving time only subsists in the first three densities, as each of them perceives it differently. When you will reach these 4th density levels of consciousness, you will be able to go back and forth into 3rd density, your time still being, as if you are in 4th density, time does not exist. Everything is there now, eternally "once", to the point that if you are removed from 3rd towards 4th density, in the room of a ship during an abduction, you can find yourselves in company of other humans, born at other eras, who sometimes even can be amongst those that you call your alter. The Universe is teeming with lives "everywhere and at every level" and the human being only is a very limited configuration of it, created and expressed by his higher consciousness and depending on the willingness of experiencing the limitations of 3rd density.

However, you know that the opening of borders between realms is imminent. The effects of the next density change, the exit from illusion, or the return to reality if you prefer, are visible and can be felt, then stimulated by consciousness.

We assure you that what is being prepared for you, humans, is the end of a great cycle of more than 300 000 years. You were genetically modified at the beginning of this great cycle in order to reduce your consciousness and also genetically modified in your DNA in order to perceive the temporal illusion itself. We could therefore claim that it is within your human nature to be so limited. But very soon for this end of cycle, many people will have managed to gather their DNA, thanks to the energy changes, to the viral intakes of comets and to their inner work.

Henceforth, this inner energetic work reaches that of the planet, leading to the erasure of the ancient, then an exponential progression of the human mental faculties and their perceptions. These energies are now working on you so that you can continue your progression and complete the "puzzle of Knowledge" that you have been working on for many years.

Finally, there only is this "illusion" which in 3rd density determines the link between consciousness and matter. Illusion is inherent to 3rd density, it is what separates you from reality. When you get out of this illusion, by understanding the secret of this renowned mirror effect that reverses everything, you will understand that at the following level, nothing connects consciousness and matter. As consciousness is matter, light is gravity, atomic particles are optical, matter is antimatter...! Meaning that 4th density is reversed compared to that of the 3rd level!

In 3rd density you travel by covering a distance! In 4th density you will travel twisting space-time, therefore bringing your destination to you. This means that whatever the

distance you think exists between you and your destination, this distance does not exist! It is simply an alteration of your encoded perception in your genome which, by inverting or spinning the direction of that perception, let you to believe it. You must therefore understand that the 4th density spin of matter is reversed. So, while waiting to reset all of your "belief counters" before diving into the infinite Universe, enjoy sweet dreams!

Transmitted by Sand and Jenaël