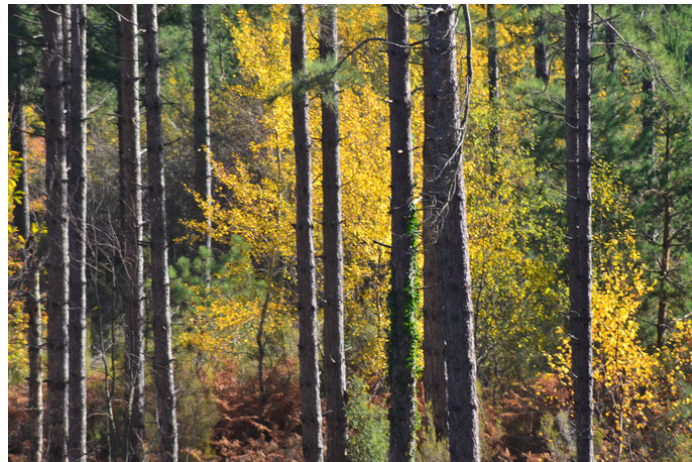


20th january 2017

Notebook 3.2 : Do not confuse the Service to Self and the Service to the Other with the notion of good and evil.



When we propose tools of evaluation on the site of the “réseau LEO” (LEO network), certain readers are outraged when they notice that one or another person is not more rated as STO or that another is not more STS.

We wish to mention that STO (Service to the Other) does not necessarily mean ‘good’ in the way the human mind conceives it to be and that STS (Service to Self) is not ‘bad’ or ‘evil’. It is simply a question of estimating the openness of the consciousness of the subject or of the individual. Everything is therefore first a question of the point of view of he who is evaluating. Even among the evaluators of the network (LEO), we are not always in agreement with each other. Evaluating simply allows us to situate the orientation in a mostly STS or mostly STO direction depending on our own criteria. Evaluating a person or a situation as STO or STS is not a judgment, it is simply an observation. An evaluation therefore requires a holistic observation that above all brings into play the left hemisphere of the brain, our analytical brain.

If the feelings of the brains right hemisphere remark a vibrational inconsistency then only an analytical evaluation by the left hemisphere is necessary, which results therefore in a tool of evaluation.

Remember also that to follow an STS path or an STO path is a soul choice or rather a question of soul maturity. If a child learns to walk, can we reproach him for not knowing how to hold his balance?

We have accepted the reality of our current world well beyond its appearances, and if we are working hard in order to progress along the STO path, we are merely preparing ourselves for being able to evolve into a superior density of existence. Even if we are progressing through each of our experiences, as we gradually manage to undo our belief systems, we are for the moment still subject to our STS consciousness.

It is important to know that our STO orientation will only be effective after what we could call the harvest. The latter, also called the “weighing of the souls” in the ancient Egyptian or Atlantis traditions, takes place during the opening of trans-dimensional portals. This

weighing of the souls does not necessarily only take place at the death of a the 4th density candidate but can also happen during his current life. People like Castaneda, Jules Viöle (Fulcanelli) and others have already succeeded this transition in similar circumstances.

It also needs to be said that between the two polarities of STS and STO, all the STS nuances exist in shades of gray as do all the other STO nuances in color.

To better understand the STS-STO concept, take the soul plan of an individual who incarnates as a football player.

When he plays in a team, he belongs to a group that he identifies himself to for example, by the color of his shirt. But his soul contents itself in knowing that it simply is having the experience of a football player, regardless of the color of his shirt.

Moved by the spirit of competition, the player inevitably compares himself with his adversary. He can let himself believe that he is the best player (a god of the stadium) or perhaps the worst. Football represents the STS world and believing one thing or another is quite simply an STS thought and behavior.

Yet the soul knows already that it can be called to have other experiences at superior levels. This could be a referee, team manager, or even president of the team experience. These would correspond to superior levels of density, but still STS, because it is about football, a sphere of experience that he knows, which reassures and furnishes him with the money he needs for living.

Imagine now that one beautiful day, the soul, guided by a sudden impulsion decides abruptly to change its orientation. This turnaround would correspond to a call from the superior Self. For the soul satisfied by its football experience will wish to experience other larger, more evolved, richer experiences, like "opening its consciousness" to something else.

The football-player therefore will abandon his carrier for he will feel an inner call that will guide him towards becoming a philosopher, writer or artist. Gradually as he advances in his studies, he finds a new reason to live; that of sharing what he is learning, which is progressively reaching a level where he integrates it into his practice and transforms it into true knowledge. He therefore will become a professor and master on the matter.

This desire to share his new experience brings him to the point where he decides to offer it to the public. But he only has a little informed public who can understand his philosophy. He will therefore be rejected by most of his peers, his family, his parents..., but above all by the old football players who will see him as a destabilized type.

On top of that, because he gives up the power of money (which represents the greatest obstacle to his liberty) and because he diffuses the knowledge arising from his own experiences, he acquires qualities of "Service to the Other-STO". He no longer feels the needs to compare himself to the other. He knows that even if he doesn't earn any money, he will never lack for anything. The new world, which he has created for himself has transformed into a world of prosperity, the world of Service to the Other.

Sand & Jenaël

20th january 2017

Notebook 3.3 – The Service to Self and the Service to the Other in the 4th density.

Little inner dialogue:

Is there a good way of volunteering oneself on the path to the 4th density of Service to the Other?

To respond to this question, it is necessary to remember first, where the notion of the separation of Service to Self and Service to the Other comes from.

The Service of the Self assembles the individuals, the entities who are experimenting with a deviation or distortion of the law of ONE, which is the primordial Consciousness of the Source. This means that they have forgotten their true identity of individualized spirit as fractals of the universal Source.

The Service to Other STO entities are those who make the necessary effort to find the pathway back to the law of ONE, the unity of the primordial Consciousness of the "Source". They start therefore to remember and heal themselves of "the illusion". Both orientations therefore effectively originate from the same consciousness: the law of ONE, the Consciousness of the Source.

But in order that the STS can be initiated to come out of the illusion, he must first understand that the physical body itself is only a projection of the consciousness or of the spirit that has taken form in the density of the 3rd dimension. As seen from superior dimensions, it is therefore also nothing but an illusion.

In order that the spirit can use the "legitimate powers of his body", which implies that the body can also be "initiated" or awoken, and this means first waking the mental. In other words, before the body, the mental must be "initiated", that's to say emancipated from all its beliefs and certitudes that only hold it back in the 3rd density. This comes back to saying that the body and the physicality, in which it evolves, can only modify when the consciousness (your vision of the world) has changed! The consciousness creates gravitation, which in turn modifies awareness!

It is due to this confusion about the order of things that most incarnated individuals in your present moment, are operating in distortion. When the character and the personality that constitute the true mental identity of the individual has been entirely uncovered, identified and exposed, it is the bodies turn to be studied and examined in all possible ways. This means that the diverse functions of the body must be understood and examined with detachment. Why this or that symptom? This or that pain? This or that deformity ?...

Ketosis, which is the privation of the body from the famous "poison of the gods" that carbohydrates represent with their anesthetic effect on the organism, is an excellent way of going about this. In the precedent human cycle, going down into the pyramid after ketosis, served as a prolongation of the initiation in order to provoke a depravation of the sensory influx so that the body may die to the 3rd density illusion, be reborn to life and continue its cycles in superior densities.

At the time of the very next transition, new “natural technologies” of modification or sensorial depravation, favorable to cellular regeneration will be revealed to those who will have made the effort to progress along the path in service to the law of ONE of the Source.

But for the moment, the best way of being in Service of the Other is in the permanent effort to search to share the love of the creator Consciousness, its balance and truth, such as it is known by the inner Self.

This effort implies a quest without fault for knowledge of the SELF and a quest just as sustained for universal Knowledge. This quest is not at all about research but resides simply in the aptitude to open your Self and your Being to the other, to information, and to intuitive Knowledge.

Opening one-self to the other in total transparence without hesitating, without hiding and without failing, involves the radiation of what is the essence of your humanity, that is its energetic combination of body-mind-spirit.

For a 3rd density individual who opens himself to “spirituality”, wanting to elevate his consciousness and become STO is specific to his behavior, to his soul aspiration (his body-mind-soul combination), because he must find in himself the intelligence of his own discernment regarding the manner to best serve others. This intelligence differs for each one but there is no better, no worse, nor any other generalities, but rather all the potentials and all the ways to do this, while staying open.

In order that an individual may be eligible for the 4th STO density, he must have reached a minimum of 51% Service to Other behaviors. This implies that there are 49% STS behaviors remaining for him to become aware of when he is delivered into these superior worlds and he will continue his learning in the dimension of the 4th density, which will vibrate according to the resonance frequency of his own consciousness.

But in order that an individual can become eligible in the superior worlds of 4th STS density, he must evidently continue to behave in Service of the Self, but must already possess a large proportion of Service to the Other.

The individuals deprived of any form of altruist behavior (such as psychopaths and sociopaths) will not even be eligible in 4th STS density, and will follow their cycle in the 3rd density worlds in order to continue to learn.

Very few humans will manage to reach the worlds of superior STO density. It will be easier for them to obtain superior STS worlds, in which they will continue to follow their learning. Certain among them will manage to join the STO worlds in other cycles.

The harvest has only just started. This wave of change has recently impacted the earth. Certain groups of humans are already feeling the effects and this is starting to be apparent to those who have learned to look...

Sand & Jenaël